



## Ankle Fusion Plating System

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## ► Table of Contents

<b>Introduction</b>	Product Specification	2
	Indication	2
	Compression Options	3
	Colour Coding	4
<hr/>		
<b>Surgical Technique</b>		
<b>Ankle Fusion Plate TT, anterolateral</b>	Access	5
	Positioning and Fixation of the Plate	5
	Monoaxial Insertion of Cancellous Bone	
	Screws	5
	Polyaxial Insertion of Cancellous Bone	
	Screws	6
	Fixation of the Plate in the Compression Slot	7
	Insertion of the Transfixation Screw	8
<b>Ankle Fusion Plate TT, anterior</b>	Access	10
	Positioning and Fixation of the Plate	10
<b>Ankle Fusion Plate TTC, posterior</b>	Access	11
	Positioning and Fixation of the Plate	11
<b>Ankle Fusion Plate TTC, lateral</b>	Access	12
	Positioning and Fixation of the Plate	12
<hr/>		
<b>Product Information</b>	Implants	13
	Templates	16
	Instrument Storage	17
	Instruments	18
	MRI Safety Information	20

### Note:

The surgical technique outlined below reflect the surgical procedure usually chosen by the clinical advisor. However, each surgeon must decide which surgical method and which approach is the most successful for his patient.

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# Ankle Fusion Plates

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## ► Introduction

### Product Specification

The Marquardt **Ankle Fusion Plating System** offers anatomically formed implants for locking fixation. The implants are fixed with self-tapping screws. The screws are available in non-locking and locking versions.



Ankle Fusion Plate TT, anterolateral



Ankle Fusion Plate TT, anterior



Ankle Fusion Plate TTC, posterior



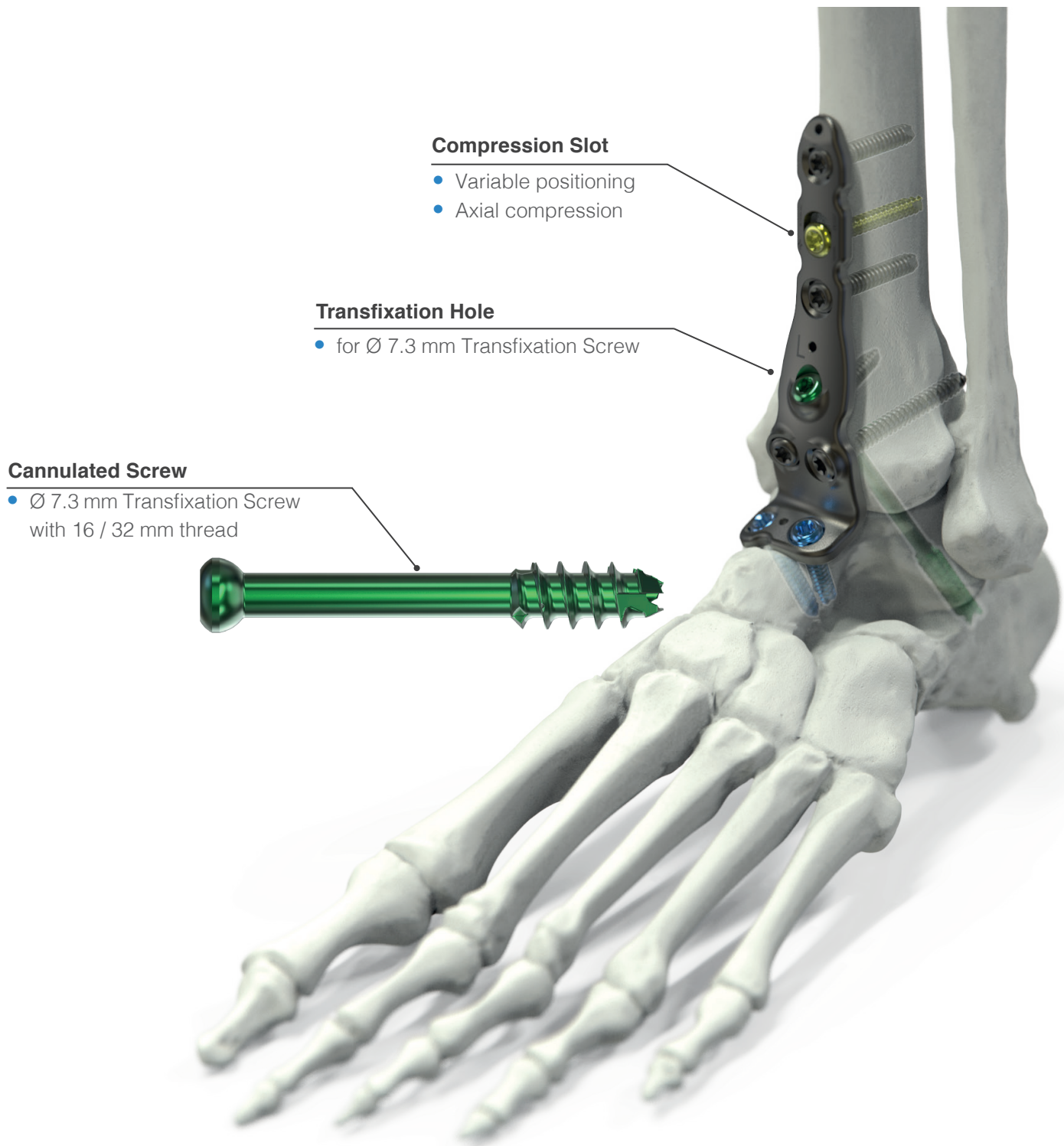
Ankle Fusion Plate TTC, lateral

### Indication

- Fixation of arthrodesis of the ankle joint, also in conjunction with osteotomies and fractures of distal tibia, talus and calcaneus.

## Compression Options

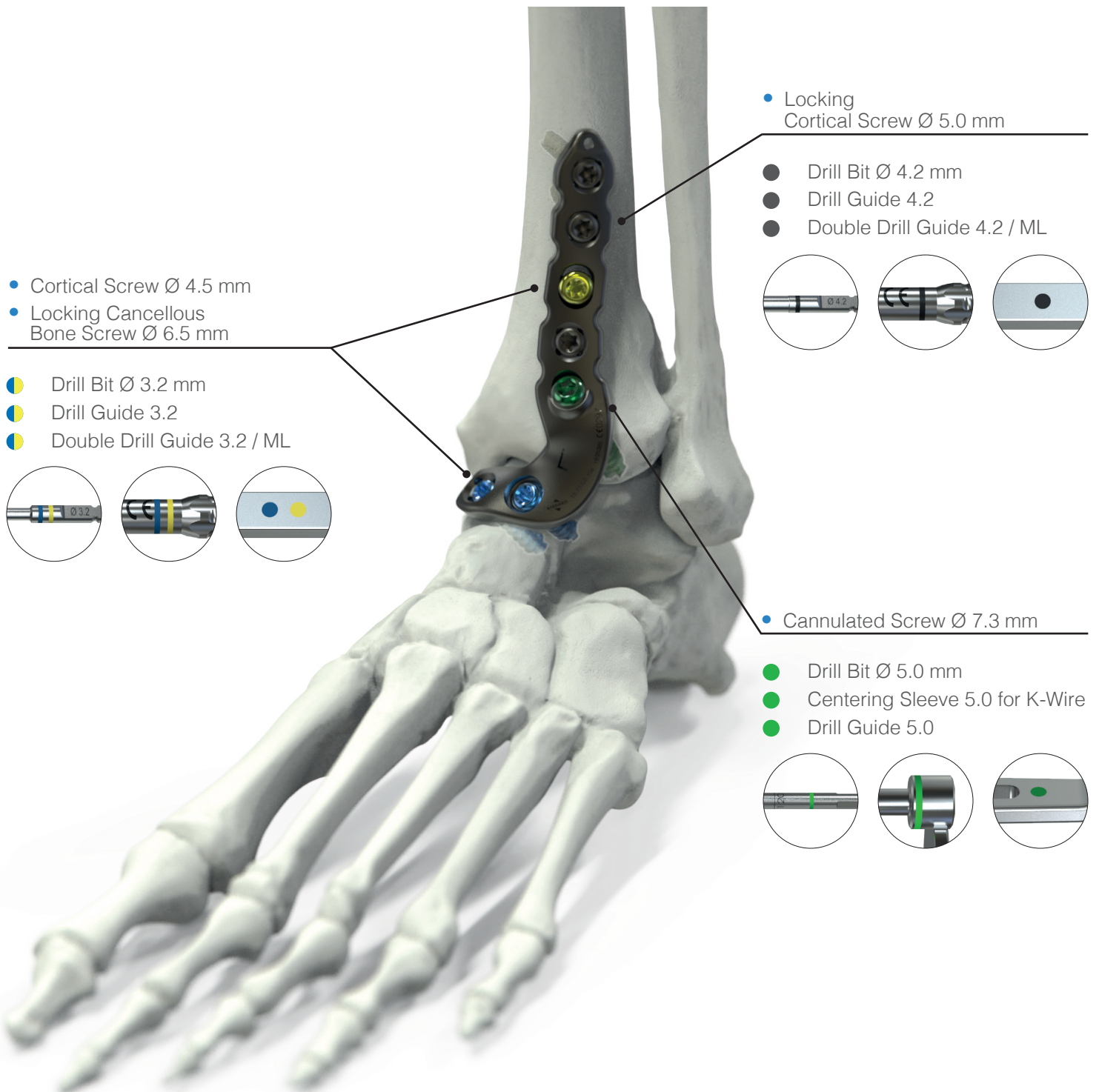
The Marquardt **Ankle Fusion Plating System** offers different compression options in one fusion system:



# Ankle Fusion Plates

## Colour Coding

The colour coding of the **Ankle Fusion Plating System** differentiates the insertion of different screw variants in order to ensure faster identification of the instruments during the operation.



## ► Surgical Technique - Ankle Fusion Plate TT, anterolateral

### Access

#### Instruments

REF 11.90020.150      K-Wire Ø 2.0 mm

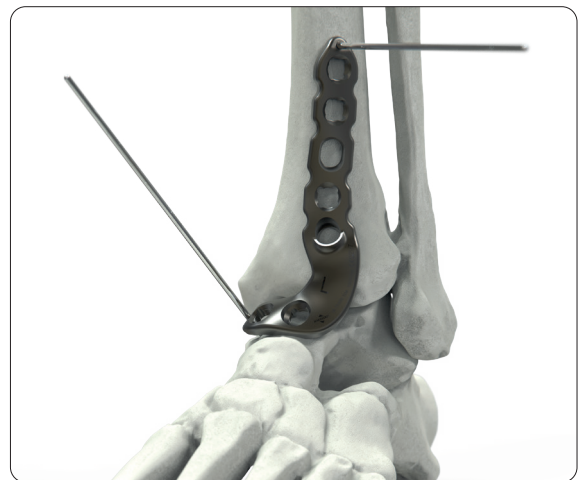
- To expose the ankle joint a standard anterior midline approach is chosen.
- If necessary, prepare joint surfaces using standard resection techniques.

### Positioning and Fixation of the Plate

#### Instruments

REF 11.90020.150      K-Wire Ø 2.0 mm

- The required plate size can be determined using the templates.
- The plate is temporarily fixed to the bone with Ø 2.0 mm K-wires and then screwed distally to the talus.



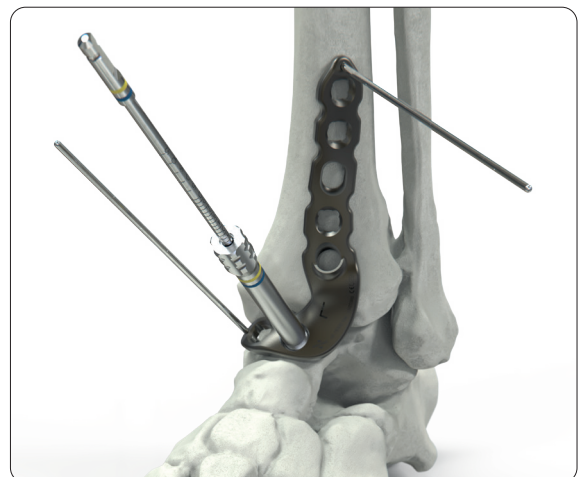
### Monoaxial Insertion of Locking Cancellous Bone Screws

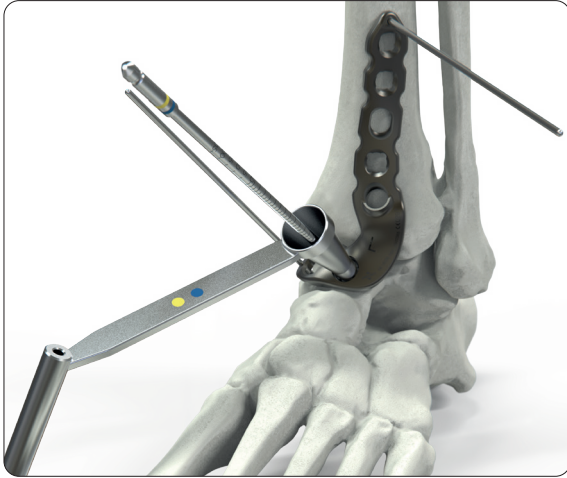
#### Instruments

REF 16.20010.832      Drill Bit Ø 3.2 mm

REF 04.20060.090      Drill Guide 3.2

- For monoaxial insertion of Ø 6.5 mm locking cancellous bone screws, the drill guide 3.2 is inserted into the screw hole.
- The screw hole is pre-drilled using the Ø 3.2 mm drill bit through the double drill guide.
- The screw length can be determined via the markings of the drill bit.
- If required, it may be necessary to adjust the plate to the individual anatomy of the patient. To do this, the plate can be bent with the bending irons. Bending of the implant across a screw hole should be avoided.





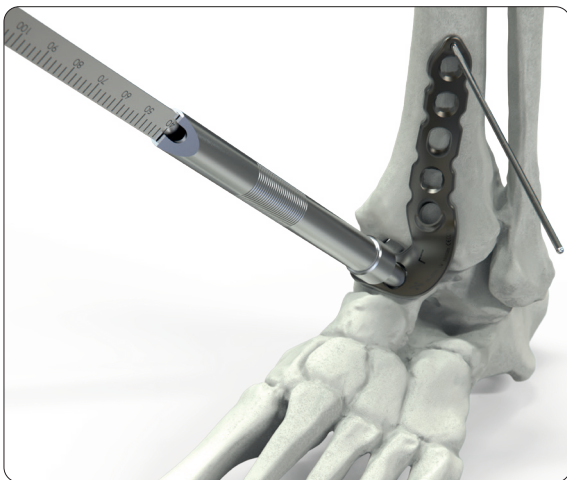
## Polyaxial Insertion of Locking Cancellous Bone Screws

### Instruments

REF 16.20010.832 Drill Bit Ø 3.2 mm

REF 16.20060.332 Double Drill Guide 3.2 / ML

- The double drill guide 3.2 / ML is used for polyaxial insertion of Ø 6.5 mm locking cancellous bone screws. The double drill guide is inserted into the corresponding screw hole and enables stepless polyaxial drilling in a cone of 20°.
- The screw hole is pre-drilled using the Ø 3.2 mm drill bit through the double drill guide.

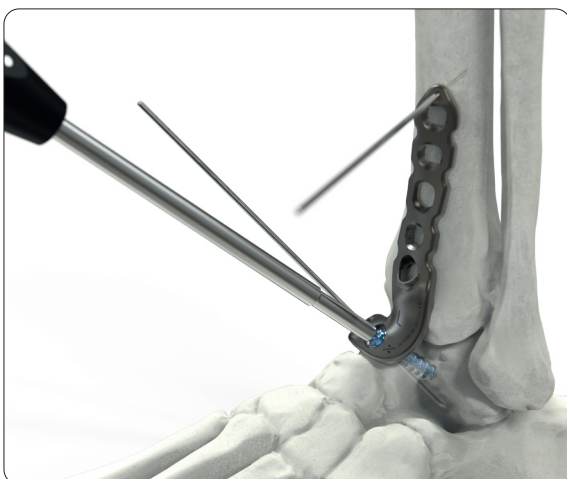


### Instruments

REF 04.20100.210

Length Determination Instrument  
for Locking Screws up to 110 mm

- The screw length is determined with the length determination instrument.



### Instruments

REF 04.20040.040

Screwdriver, T25

- After the required screw length has been determined, the corresponding locking cancellous bone screw can be inserted with the screwdriver.
- Check the plate position once more and correct it, if necessary, with image amplifier monitoring.
- Once the plate position is correct, the screws are finally tightened, and the plate is thus fixed.

## Fixation of the Plate in the Compression Slot

### Instruments

REF 16.20010.832 Drill Bit Ø 3.2 mm

REF 16.20060.332 Double Drill Guide 3.2 / ML

- Afterwards the plate is fixed in the compression slot.
- To do this, a Ø 4.5 mm cortical screw is placed in the compression slot.
- The compression slot is pre-drilled bicortically using the drill bit through the double drill guide.

### Note:

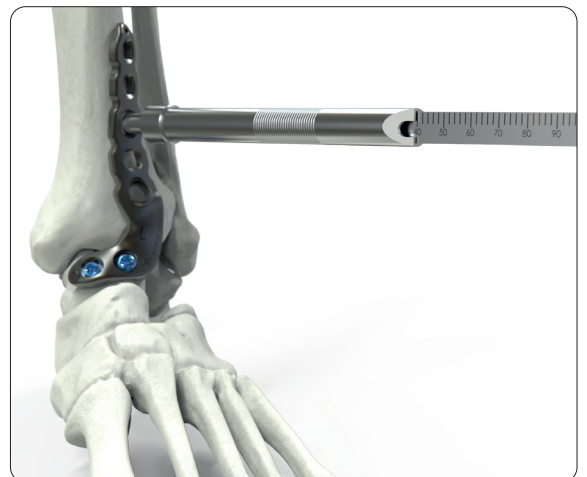
- To achieve compression, set the screw eccentrically at the proximal end of the compression slot.



### Instruments

REF 04.20100.210 Length Determination Instrument for Locking Screws up to 110 mm

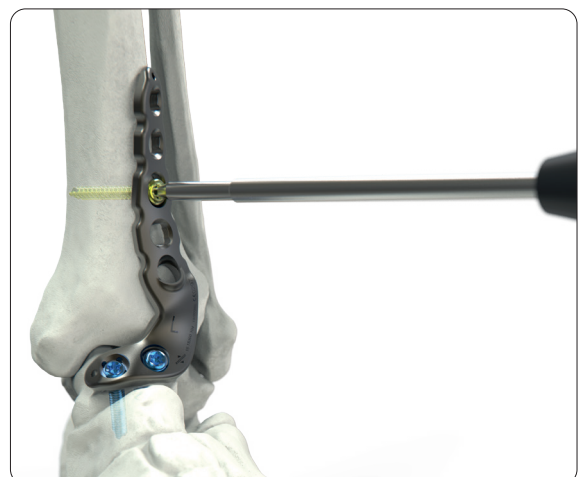
- The length is measured using the length determination instrument.
- The hook is hooked into the opposite cortical bone, and the required screw length is read off the scale.



### Instruments

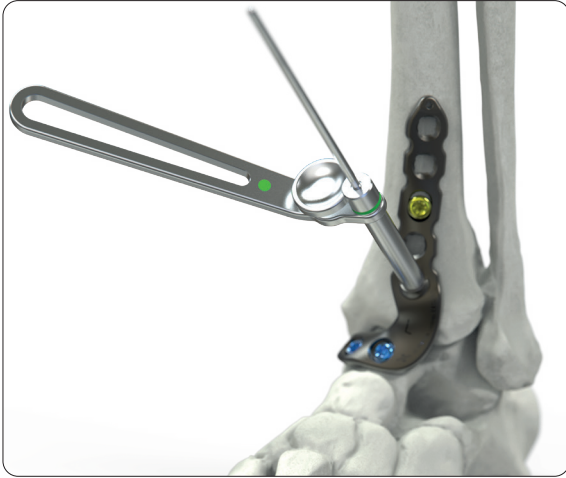
REF 04.20040.040 Screwdriver, T25

- After the required screw length has been determined, the corresponding cortical screw can be inserted with the screwdriver.



# Ankle Fusion Plates

The surgical technique listed below - **Insertion of the Transfixation Screw** - describes the use of the cannulated screw  $\varnothing$  7.3 mm.

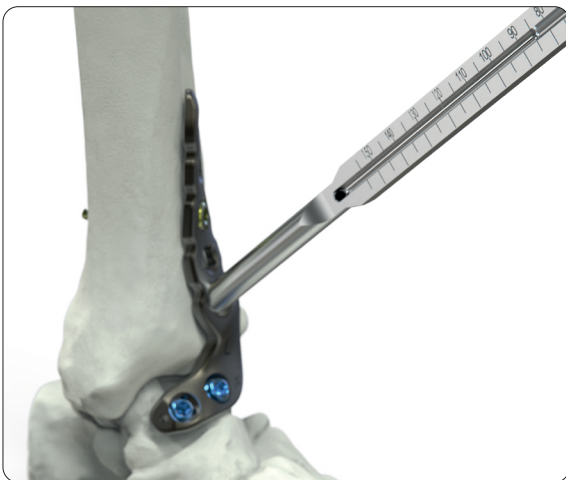


## Insertion of the Transfixation Screw

### Instruments

REF 11.90028.230      K-Wire  $\varnothing$  2.8 mm  
REF 16.20060.050      Drill Guide 5.0  
REF 16.20060.028      Centering Sleeve 5.0 for K-Wire  $\varnothing$  2.8 mm

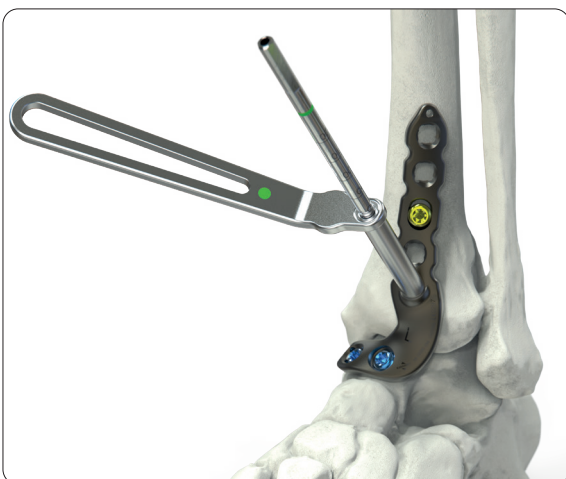
- First, the centering sleeve is inserted into the drill guide.
- Then insert the K-wire through the centering sleeve into the corresponding transfixation hole.



### Instruments

REF 16.20100.073      Length Determination Instrument  
for K-Wires  $\varnothing$  2.8 mm

- The required screw length is determined with the length determination instrument using the inserted K-wire.
- On the scale of the length determination instrument, the end of the K-wire shows the length of the screw required.



### Instruments

REF 16.20010.050      Drill Bit  $\varnothing$  5.0 mm  
REF 16.20060.050      Drill Guide 5.0

- The drill guide 5.0 is fixed in the plate hole via the K-wire.
- The drill bit is used to pre-drill over the K-wire and through the drill guide 5.0.

## Instruments

REF 16.20040.173      *Screwdriver, hex 4.0 mm*

- Insert the appropriate transfixation screw as a compression or stabilization screw with the screwdriver.

## Note:

- To achieve a compression of the upper ankle joint, the screw previously inserted in the compression slot must be loosened. After the desired compression is achieved, the screw is tightened hand-tight in the compression slot.



## Instruments

REF 04.20010.842      *Drill Bit Ø 4.2 mm*

REF 04.20060.080      *Drill Guide 4.2*

REF 04.20100.210      *Length Determination Instrument  
for Locking Screws up to 110 mm*

REF 04.20040.040      *Screwdriver, T25*

- Then all other shaft holes are filled with locking cortical screws Ø 5.0 using the procedure described above.
- After all plate holes have been fixed with screws, the final radiological check is carried out, in which the plate position and the anatomical reduction of the fracture are checked.



## ► Surgical Technique - Ankle Fusion Plate TT, anterior

### Access

- To expose the ankle joint a standard anterior midline approach is chosen.
- If necessary, prepare joint surfaces using standard resection techniques.

### Positioning and Fixation of the Plate

#### Instruments

REF 11.90020.150      K-Wire Ø 2.0 mm

- The required plate size can be determined using the templates.
- The plate is fixed on the bone with Ø 2.0 mm K-wires.
- The screw holes are filled with locking and non-locking cortical screws according to the procedures described above.
- After all plate holes have been fixed with screws, the final radiological check is carried out, in which the plate position and the anatomical reduction of the fracture are checked.

#### Note:

- Optionally, an additional lag screw as described above can be inserted.



## ► Surgical Technique - Ankle Fusion Plate TTC, posterior

### Access

- To expose the ankle joint a standard posterior midline approach with a longitudinal splitting of the Achilles tendon is chosen.
- Stay lateral to the M. flexor hallucis longus to avoid injury to the posterior tibial nerve and posterior tibial artery.
- If necessary, prepare joint surfaces using standard resection techniques.

### Positioning and Fixation of the Plate

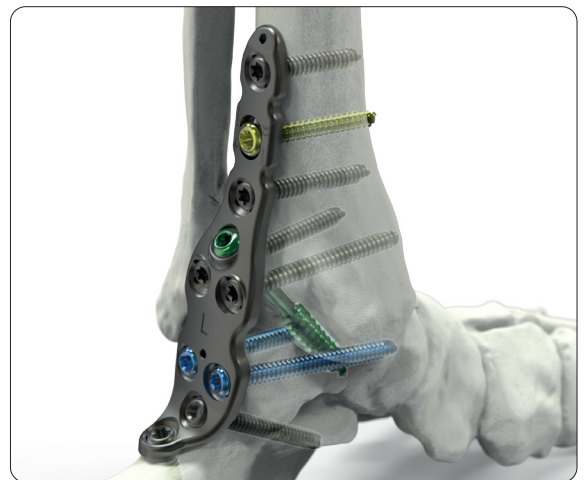
#### Instruments

REF 11.90020.150      K-Wire Ø 2.0 mm

- The required plate size can be determined using the templates.
- The plate is fixed on the bone with Ø 2.0 mm K-wires.
- The screw holes are filled with locking and non-locking cortical screws according to the procedures described above.
- After all plate holes have been fixed with screws, the final radiological check is carried out, in which the plate position and the anatomical reduction of the fracture are checked.

#### Note:

- Optionally, an additional lag screw as described above can be inserted.



## ► Surgical Technique - Ankle Fusion Plate TTC, lateral

### Access

- To expose the ankle joint a standard lateral transfibular approach with resection of the fibula is chosen.
- If necessary, prepare joint surfaces using standard resection techniques.

### Positioning and Fixation of the Plate

#### Instruments

REF 11.90020.150      K-Wire Ø 2.0 mm

- The required plate size can be determined using the templates.
- The plate is fixed on the bone with Ø 2.0 mm K-wires.
- The screw holes are filled with locking and non-locking cortical screws according to the procedures described above.
- After all plate holes have been fixed with screws, the final radiological check is carried out, in which the plate position and the anatomical reduction of the fracture are checked.

#### Note:

- Optionally, an additional lag screw as described above can be inserted.



## Product Information

### Implants

Article Number * left	Article Number * right	Holes	Length (mm)
16.15300.104	16.15300.004	4	93
16.15300.106	16.15300.006	6	118

Article Number * left	Article Number * right	Holes	Length (mm)
16.15350.103	16.15350.003	3	102
16.15350.105	16.15350.005	5	130

Article Number * left	Article Number * right	Holes	Length (mm)
16.15200.103	16.15200.003	3	108
16.15200.105	16.15200.005	5	136

Article Number * left / right	Holes	Length (mm)
16.15100.003	3	119
16.15100.005	5	147

### Ankle Fusion Plate TT, anterolateral

- Material: Ti6Al4V
- Anodisation: Type II



### Ankle Fusion Plate TT, anterior

- Material: Ti6Al4V
- Anodisation: Type II



### Ankle Fusion Plate TTC, posterior

- Material: Ti6Al4V
- Anodisation: Type II



### Ankle Fusion Plate TTC, lateral

- Material: Ti6Al4V
- Anodisation: Type II



\* All implants are also available in sterile. Therefore, add suffix "S" to article number.



## Cortical Screw Ø 4.5 mm, self-tapping

- Thread diameter: 4.5 mm
- Core diameter: 3.0 mm
- Head diameter: 8.0 mm
- Hexalobe: T25
- Material: Ti6Al4V

Article Number *	Length (mm)	Article Number *	Length (mm)
04.03745.020	20	04.03745.036	36
04.03745.022	22	04.03745.038	38
04.03745.024	24	04.03745.040	40
04.03745.026	26	04.03745.042	42
04.03745.028	28	04.03745.044	44
04.03745.030	30	04.03745.046	46
04.03745.032	32	04.03745.048	48
04.03745.034	34	04.03745.050	50



## Locking Cortical Screw Ø 5.0 mm, self-tapping

- Thread diameter: 5.0 mm
- Core diameter: 4.0 mm
- Head diameter: 7.40 mm
- Hexalobe: T25
- Material: Ti6Al4V

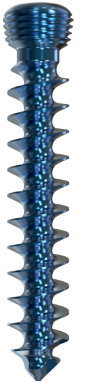
Article Number *	Length (mm)	Article Number *	Length (mm)
04.05755.020	20	04.05755.042	42
04.05755.022	22	04.05755.044	44
04.05755.024	24	04.05755.046	46
04.05755.026	26	04.05755.048	48
04.05755.028	28	04.05755.050	50
04.05755.030	30	04.05755.052	52
04.05755.032	32	04.05755.054	54
04.05755.034	34	04.05755.056	56
04.05755.036	36	04.05755.058	58
04.05755.038	38	04.05755.060	60
04.05755.040	40		

\* All implants are also available in sterile. Therefore, add suffix "S" to article number.

Article Number *	Length (mm)	Article Number *	Length (mm)
04.05800.020	20	04.05800.042	42
04.05800.022	22	04.05800.044	44
04.05800.024	24	04.05800.046	46
04.05800.026	26	04.05800.048	48
04.05800.028	28	04.05800.050	50
04.05800.030	30	04.05800.052	52
04.05800.032	32	04.05800.054	54
04.05800.034	34	04.05800.056	56
04.05800.036	36	04.05800.058	58
04.05800.038	38	04.05800.060	60
04.05800.040	40		

## Locking Cancellous Bone Screw Ø 6.5 mm, self-tapping

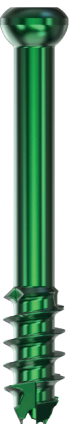
- Thread diameter: 6.5 mm
- Core diameter: 3.0 mm
- Head diameter: 8.0 mm
- Hexalobe: T25
- Material: Ti6Al4V



Article Number * 16 mm thread	Length (mm)	Article Number * 32 mm thread	Length (mm)	Article Number * fully threaded	Length (mm)
08.03916.045	45				
08.03916.050	50	08.03932.050	50	08.03900.050	50
08.03916.055	55	08.03932.055	55	08.03900.055	55
08.03916.060	60	08.03932.060	60	08.03900.060	60
08.03916.065	65	08.03932.065	65	08.03900.065	65
08.03916.070	70	08.03932.070	70	08.03900.070	70
08.03916.075	75	08.03932.075	75	08.03900.075	75
08.03916.080	80	08.03932.080	80	08.03900.080	80
08.03916.085	85	08.03932.085	85	08.03900.085	85
08.03916.090	90	08.03932.090	90	08.03900.090	90
08.03916.095	95	08.03932.095	95	08.03900.095	95
08.03916.100	100	08.03932.100	100	08.03900.100	100

## Cannulated Screw Ø 7.3 mm, self-tapping

- Thread diameter: 7.3 mm
- Core diameter: 4.5 mm
- Head diameter: 8.0 mm
- Hexagon socket: 4.0
- Material: Ti6Al4V



\* All implants are also available in sterile. Therefore, add suffix "S" to article number.

# Ankle Fusion Plates

## Templates

### Ankle Fusion Plate TT, anterolateral



Article Number left	Article Number right	Holes
16.25300.104	16.25300.004	4

### Ankle Fusion Plate TT, anterior



Article Number left	Article Number right	Holes
16.25350.103	16.25350.003	3

### Ankle Fusion Plate TTC, posterior



Article Number left	Article Number right	Holes
16.25200.103	16.25200.003	3

### Ankle Fusion Plate TTC, lateral

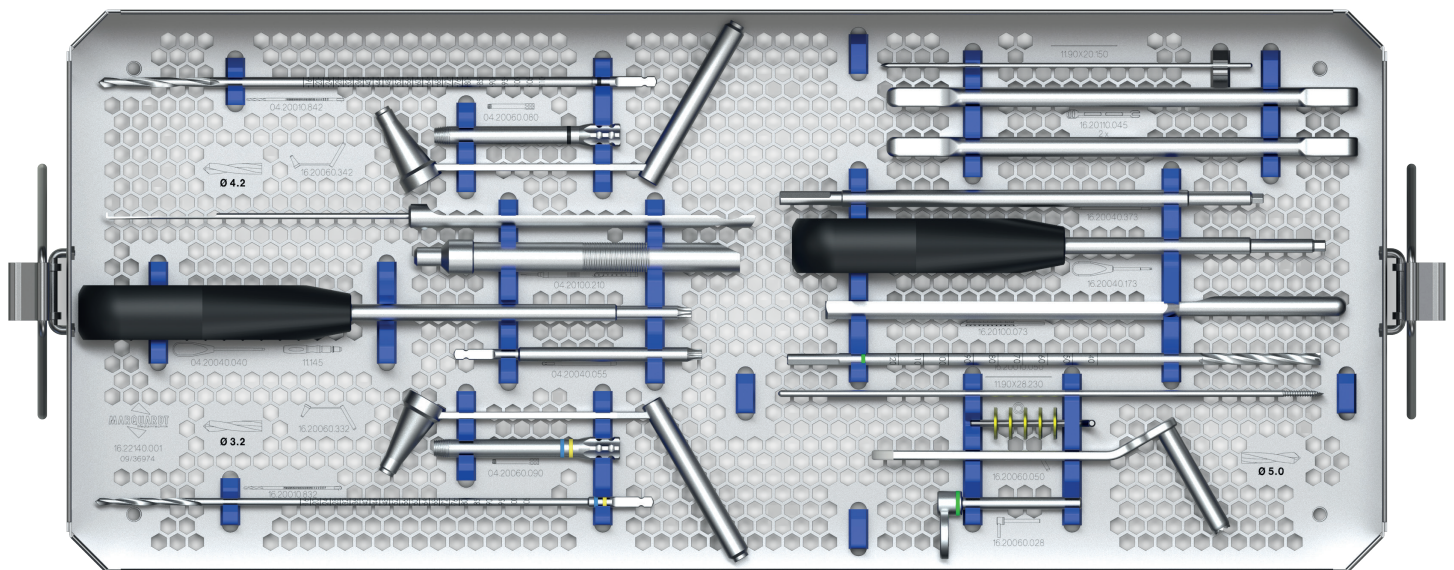


Article Number left / right	Holes
16.25100.003	3

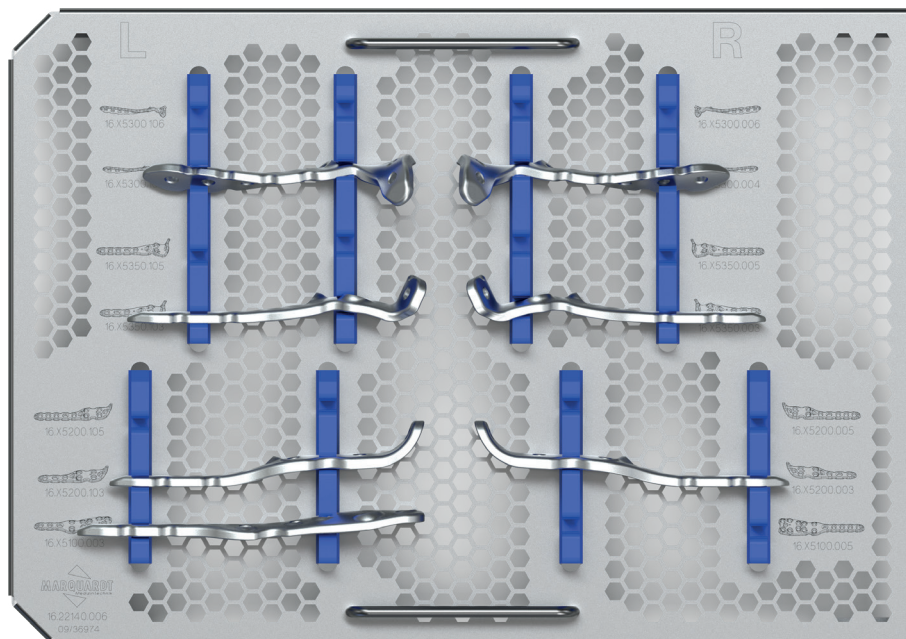
## Instrument Storage

- Compact instrument set with clear arrangement
- Easy handling due to colour-coded instruments
- Low weight

## Instruments



## Templates



# Ankle Fusion Plates

## Instruments

11.90020.150	Kirschner Wire $\varnothing$ 2.0mm, trocar tip, L 150mm	
11.90028.230	Kirschner Wire $\varnothing$ 2.8mm, trocar tip, L 230mm	
16.20010.832	Drill Bit $\varnothing$ 3.2mm, scaled, AO Coupling, L 225/195mm	
04.20010.842	Drill Bit $\varnothing$ 4.2mm, scaled, AO Coupling, L 225/195mm	
16.20010.050	Drill Bit $\varnothing$ 5.0/2.8mm, cannulated, scaled, Jacobs Chuck, L 220mm	
16.20040.173	Screwdriver, hex 4.0mm, cannulated, L 215/100mm	
16.20040.373	Screwdriver Shaft, hex 4.0mm, cannulated, Jacobs Chuck, L 195/170mm	
04.20040.040	Screwdriver, T25, L 247/137mm	
04.20040.055	Screwdriver Shaft, T25, AO Coupling, L 100/70mm	
04.20100.210	Length Determination Instrument for Locking Screws up to 110mm	
16.20100.073	Length Determination Instrument for Kirschner Wires $\varnothing$ 2.8mm x 230mm	

04.20060.090	Drill Guide 3.2 for Locking Plates	
04.20060.080	Drill Guide 4.2 for Locking Plates	
16.20060.028	Centering Sleeve 5.0 for Kirschner Wires $\varnothing$ 2.8mm	
16.20060.050	Drill Guide 5.0	
16.20060.332	Double Drill Guide 3.2/ML	
16.20060.342	Double Drill Guide 4.2/ML	
16.20110.045	Bending Iron for Large Fragment Plates	





## MRI Safety Information

Non-clinical testing has demonstrated that the plates range from Marquardt Medizintechnik is MR Conditional in accordance with the ASTM F2503 standard definitions. A patient with this device can be safely scanned in an MR system meeting the following conditions:

- Cylindrical-bore
- Horizontal magnetic field ( $B_0$ )
- Spatial field gradient lower than or equal to
  - **1.5 T**: 23.45 T/m (2345 G/cm)
  - **3.0 T**: 11.75 T/m (1175 G/cm)
- Radiofrequency (RF) field exposure:
  - RF excitation: Circularly Polarized (CP)
  - RF transmit coil: whole-body transmit coil
  - RF receive coil type: whole-body receive coil
  - Maximum permitted whole-body averaged specific absorption rate (SAR):  
Normal Operating Mode, 2 W/kg.
  - Scan duration and wait time:
    - 1.5 T**: 2 W/kg whole-body average SAR for **8min and 15s** of continuous RF (a sequence or back-to-back series/scan without breaks) followed by a wait time of **8min and 15s** if this limit is reached.
    - 3.0 T**: 2 W/kg whole-body average SAR for **6min and 19s** of continuous RF (a sequence or back-to-back series/scan without breaks) followed by a wait time of **6min and 19s** if this limit is reached.
- The plates are expected to produce a maximum temperature rise of 8.5 °C at 1.5 T and 6.9 °C at 3 T both after the scanning periods presented above.
- The presence of this implant may produce an image artifact. Some manipulation of scan parameters may be needed to compensate for the artifact. In non-clinical testing, the image artifact caused by the device extends approximately 83 mm from the device edge when imaged with a spin echo pulse sequence and 65 mm with a gradient echo, both at 1.5 T.
- Patients with uncompromised thermoregulation and under uncontrolled conditions or patients with compromised thermoregulation (all persons with impaired systemic or reduced local thermoregulation) and under controlled conditions (a medical doctor or a dedicated trained person can respond instantly to heat induced physiological stress).

### Note:

Undergoing an MRI scan, there is a potential risk for patients with a metallic implant. The electromagnetic field created by an MRI scanner can interact with the metallic implant, resulting in displacement of the implant, heating of the tissue near the implant, or other undesirable effects.





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